higher education & training

Department:
Higher Education and Training
REPUBLIC OF SOUTH AFRICA

NATIONAL CERTIFICATE (VOCATIONAL)

LIFE ORIENTATION
(First Paper)
NQF LEVEL 3

(7601023)

29 November 2018 (Y-Paper)
13:00 – 15:30

This question paper consists of 9 pages.

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TIME: 2 ½ HOURS
MARKS: 120

INSTRUCTIONS AND INFORMATION

1. Answer ALL the questions.
2. Read ALL the questions carefully.
3. Number the answers according to the numbering system used in this question paper.
4. Use a BLACK or BLUE pen.
5. Leave at least THREE lines after each question.
6. Start each section on a NEW page.
7. Write neatly and legibly.

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SECTION A

QUESTION 1

Various options are given as possible answers to the following questions. Choose the correct answer and write only the letter (A–D) next to the question number (1.1–1.5) in the ANSWER BOOK.

1.1 Applying reasoning and logic to new, unfamiliar ideas, opinions and situations:

A Creative thinking
B Brain storming
C Mental wellness
D Morals

1.2 Organising a fun walk:

A Empowerment
B Scarce skills
C Mental wellness
D Physical wellness

1.3 Settling differences by long conversations between parties being assisted by a neutral person:

A Arbitration
B Negotiation
C Closed communication
D Dispute

1.4 Regarding people as inferior based on their sex:

A Gender discrimination
B Race discrimination
C People discrimination
D Culture discrimination

1.5 Includes activities that improve awareness and identity to develop talents and potential.

A Public development plan
B Potential development plan
C Personal development plan
D To-do list

(5 × 1) **[5]**

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QUESTION 2

Indicate whether the following statements are TRUE or FALSE. Choose the answer and write only 'True' or 'False' next to the question number (2.1–2.5) in the ANSWER BOOK.

2.1 Bullying affects the overall organisation.

2.2 Human rights are rights inherent to some human beings.

2.3 Genocide means destroying or killing the entire group.

2.4 Visual learning uses recorded information.

2.5 Alcohol cannot be used as a date rape drug.

(5 × 1) **[5]**

QUESTION 3

Choose an item from COLUMN B that matches a description in COLUMN A. Write only the letter (A–G) next to the question number (3.1–3.5) in the ANSWER BOOK.

COLUMN A		COLUMN B	
3.1	Needs rest and sleep	A	diseases
3.2	Influences another person's decision	B	mental well-being
3.3	Detects viruses and parasites	C	immune system
3.4	On-the-job learning	D	networking
3.5	Seeking connections with relevant groups	E	peer pressure
		F	work shadowing
		G	mediation

(5 × 1) **[5]**

QUESTION 4

Complete the following sentences by using the word or words in the list below. Write only the word or words next to the question number (4.1–4.5) in the ANSWER BOOK.

skill; rape; scarce skills; whole brain dominance; date rape; negotiation; lateral; experienced; strength; arbitration; competent

4.1 You have to be … to be capable to do something.

4.2 People with … are not easily available in the labour market.

4.3 Sexual intercourse without consent among people who know each other is called …

4.4 A/An … is a developed talent or ability.

4.5 A/An … process uses a neutral external structure to resolve conflict.

(5 × 1) **[5]**

QUESTION 5

Read the passage below and then answer the questions.

Mateo sees people infected with HIV and dying of AIDS all around him in his hometown on a regular basis. He may be infected himself. He does not know because he has not had an HIV test. There is not much point – if he is diagnosed HIV+ he would not receive any anti- retroviral. He will be stigmatised and ostracised by his local community so it is probably best not to know.

[*www.guideforliving.com*]

5.1 5.1.1 Name THREE roles that support structures play in the lives of people with opportunistic infections and HIV. (3)

5.1.2 List THREE examples of opportunistic infections that take advantage of a weak immune system, due to HIV and AIDS. (3)

5.1.3 Identify FOUR situations that promote poor mental wellness. (4)

5.2 5.2.1 Name FOUR structures or people who are there to help and support victims of gender discrimination. (4)

5.2.2 Suggest FOUR ways in which Mateo can remember information he has studied. (4)

5.2.3 Name TWO aspects that can be part of a personal development plan. (2)

[20]

TOTAL SECTION A: 40

SECTION B

QUESTION 6

6.1 Explain what physical well-being mean to you. (2)

6.2 Productivity is the result of hard work and physical well-being.

Discuss THREE benefits of physical well-being in relation to productivity. (3)

6.3 Peer pressure and the need to be seen as knowledgeable and 'cool' often result in youth finding themselves in situations they cannot handle. An example hereof could be date rape, which might lead to HIV/AIDS infections.

6.3.1 Explain how peer pressure can encourage date rape? Give TWO reasons to support your answer. (4)

6.3.2 State what result date rape drugs may have on your body? (2)

6.4 6.4.1 Explain TWO negative effects of opportunistic infections on the immune system. (2)

6.4.2 Provide TWO symptoms of TB. (2)

6.5 Suggest TWO rules that should be followed to ensure safety when swimming in rivers or pools. (2)

6.6 6.6.1 Name TWO ways in which visual learning is used to remember information. (4)

6.6.2 Name FOUR ways in which an action plan improves your marks. (4)

[25]

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QUESTION 7

Study the scenario below and answer the questions.

Thabo is a TVET college graduate who has not decided whether he wants to further his studies or enter the corporate world. He is asking himself the following question: Are we always the people we want to be? We make changes by stretching. Personal transformation can happen when the person you present does not yet resemble the person you hope to be. The important question is not, 'Who are you today', but 'Who will you be tomorrow?'

7.1 7.1.1 Thabo is considering volunteering.

Encourage him by stating ONE benefit of volunteering. (1)

7.1.2 During volunteering Thabo will do work shadowing on what he has learned at the college.

State TWO work shadowing ways that can be applied by newly qualified graduates. (2)

7.2 7.2.1 Thabo believes that his field of work is not for women.

Draw up a personal code of ethics consisting of THREE items that Thabo should follow when dealing with gender discrimination. (3)

7.2.2 Provide TWO examples of morally unacceptable behaviour in the work place. (2)

7.3 Name FOUR benefits of productive behaviour in the work place. (4)

7.4 Thabo will have to deal with conflict at work.

Explain THREE ways of resolving conflict in the work place. (3)

7.5 Thabo will be working in a multicultural environment.

Give THREE examples of how diversity in the work place should be respected. (3)

7.6 7.6.1 Give TWO reasons why human trafficking and child abuse are morally unacceptable. (2)

7.6.2 Explain THREE ways to stop the human trafficking that has become a common crime in our society. (3)

7.6.3 You are the leader of a campaign against human trafficking.

State TWO benefits of participating in a national campaign. (2)
[25]

TOTAL SECTION B: 50

SECTION C

QUESTION 8

8.1 Identify FOUR ways in which a student may improve his or her performance. (4)

8.2 Your team has been asked to create TB awareness.

Design a poster that creates awareness of the prevention of TB in our society. Your poster should:

8.2.1 Provide a heading for your campaign. (2)

8.2.2 State FOUR ways of preventing TB. (4)

8.3 Young adults have to deal with pressure from their friends, partners, family and local community.

Briefly explain how the skills listed below can prevent peer pressure.

8.3.1 Refusal skills (2)

8.3.2 Assertive skills (2)
[14]

QUESTION 9

Read the scenario below and answer the questions.

Sometimes, the work place can feel a lot like high school, full of gossip and aggressive behaviour. Bullying and sexual harassment have been a hot topic lately and sadly, adults are not immune to it. Productivity costs have increased owing to unproductive behaviour.

9.1 Write a paragraph consisting of FOUR facts relating to behaviour that improves productivity in an organisation. (4)

9.2 Explain the importance of reporting work place bullying. (4)

9.3 Sexual harassment is illegal.

Create TWO slogans that condemn sexual harassment at the work place. (2)

9.4 Briefly explain, using TWO facts, how xenophobia leads to the violation of human rights. (2)

9.5 Give TWO ways in which citizens can help the government to reduce corrupt behaviour in our society. (4)

[16]

TOTAL SECTION C: 30
GRAND TOTAL: 120

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